

Viral Myositis: Causes, symptoms, and care options (Broadcast)

INTRO:

WHEN A CHILD SUDDENLY REFUSED TO WALK DAYS AFTER RECOVERING FROM THE FLU... IT CAN BE TERRIFYING FOR PARENTS... BUT DOCTORS SAY A LITTLE-KNOWN CONDITION CALLED VIRAL MYOSITIS IS OFTEN THE CAUSE.

TAKE VO

IT'S A MUSCLE CONDITION MOST OFTEN SEEN IN CHILDREN DURING OR SHORTLY AFTER COMMON VIRAL INFECTIONS... ESPECIALLY THE FLU. WHILE THE CONDITION CAN BE ALARMING FOR PARENTS... MEDICAL EXPERTS SAY IT IS USUALLY TEMPORARY AND TREATABLE WITH PROPER CARE. DOCTOR MUSTAFA BAKIR (buh-KEER) – A PEDIATRIC INFECTIOUS DISEASE SPECIALIST WITH OSF HEALTHCARE... SAYS VIRAL MYOSITIS MOSTLY AFFECTS THE CALF MUSCLES... AND CAN SIGNIFICANTLY IMPACT HOW A CHILD WALKS.

TAKE SOT | DR. MUSTAFA BAKIR | PEDIATRIC INFECTIOUS DISEASE SPECIALIST | OSF HEALTHCARE

“This is likely a benign condition, but it takes about three to seven days to heal. It's mostly seen in school-aged children between 4 and 7 years of age,” Dr. Bakir says. “Usually, it presents with this pain and gait problems. Patients usually are out of school for those days.”

VO TAG

KEEPING YOUR KIDS HYDRATED... ESPECIALLY DURING THESE TIMES IS EXTREMELY IMPORTANT TO PREVENT ANY KIDNEY DAMAGE... DR. BAKIR SAYS. ANTI-INFLAMMATORY MEDICATIONS LIKE IBUPROFEN CAN BOTH DECREASE THE PAIN AND INFLAMMATION... HE ADDS.