

Breast cancer in men: Yes, it can happen

*****SOT*****

Heather Thompson

OSF HealthCare breast health navigator

"There can be severe cases. A lot of times, men don't notice things or worry about things like women might. The cancer is there longer and has a chance to metastasize [spread] and get into their lymph nodes. A lot of times, men will get gynecomastia. That can cause swelling in the breast tissue and a mass." (:32)

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"Men really do not require regular screening or imaging for breast tissue. That is not in the American Cancer Society guidelines or any other guidelines. However, men should monitor their bodies for anything irregular. Then, get it addressed right away. Don't wait. You might be in that 1%." (:27)

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"There's not much tissue that a man has. We will still test those lymph nodes during surgery to make sure the cancer hasn't spread. After that, there's special testing called oncotype. If it's a high score, those people sometimes have to have chemotherapy or radiation." (:28)