

Brush, floss and see your dentist

Gum disease from poor oral hygiene can impact other body parts

ANCHOR LEDE

Want to avoid trouble eating? Or worse, being forced to get dentures? Then listen to experts about gum disease, one of the most common oral hygiene issues.

TAKE VO

OSF HealthCare dentist Kent Splaingard says if you have red or white gums, swollen gums, soreness, bleeding or debris on your teeth, make an appointment.

*****SOT*****

Dr. Kent Splaingard, OSF HealthCare dentist

“You also see the social and economic problems with the people who can’t chew properly. The poor nutrition they may be getting.” (:10)

VO TAG

Treatment includes cleaning and medication.

And prevention? That’s what the experts have told you since you were young. Brush, floss and see your dentist regularly.