Dirty floors and bare feet don't mix

Walking barefoot on dirty bathroom or locker room floors can lead to plantar warts

SOT

Dr. Marc Leonard, OSF HealthCare podiatrist

"Plantar warts are one of the most common skin lesions we'll see in our office." (:05)

SOT

Dr. Marc Leonard, OSF HealthCare podiatrist

"It looks like a callus. You see little growths. Sometimes they even satellite out, and we'll get other little growths around that original lesion." (:10)

SOT

Dr. Marc Leonard, OSF HealthCare podiatrist

"It's an acid that almost blows up that outer layer of tissue. Then we decompress it. Even with that, it still takes several treatments." (:12)