

Soundbite Script – Choosing between ibuprofen and acetaminophen

Sarah Sheley, pharmacist, OSF HealthCare

“The difference between the two is the fact that the ibuprofen, that anti-inflammatory component, reduces pain by affecting the production of certain hormones in your body that cause inflammation.” (:26)

Sarah Sheley, pharmacist, OSF HealthCare

“With ibuprofen there is more concern with patients using it if they had renal insufficiency, heart failure, GI (gastrointestinal) issues like Crohn's or IBS; they could cause a lot of irritation in the GI tract or stomach. (:15)

Sarah Sheley, pharmacist, OSF HealthCare

“As long as you don't have any kidney or liver issues, you can alternate between the two. It is safe. You want to keep the doses four to six hours apart to help maintain and it probably is a good thing to alternate those, if you want to hit the pain from two different mechanisms.” (:24)

Sarah Sheley, pharmacist, OSF HealthCare

“Making sure that you know the source of your pain is important, and make sure that you are aware of a total daily dose that you should be taking of either medication prior to starting it.” (:13)