

## **When exhaustion is something more serious**

*One OSF HealthCare patient is urging people to know the signs of a heart attack*

\*\*\*SOT\*\*\*

Dawn Isham, wife of Randy Isham [EYE-shum]

**"When I touched his arm, it was a cold sweat. That's when I got concerned that this didn't seem right. Let's call 9-1-1." (:09)**

\*\*\*SOT\*\*\*

Dr. Tariq Enezate [tah-REEK // EN-eh-zaht], OSF HealthCare cardiologist

**"It means there is no pulse. The heart stops. There is no blood reaching the brain and the whole body," explains Tariq Enezate, MD, one of Randy's OSF cardiologists. "When that happens, you need to know why and act fast." (:21)**

\*\*\*SOT\*\*\*

Dr. Tariq Enezate [tah-REEK // EN-eh-zaht], OSF HealthCare cardiologist

**"I had to go inside his heart while they were doing chest compressions. I was able to open [the blocked area in] his heart. At that moment, blood flow started back to the heart, and his pulse came back." (:19)**

\*\*\*SOT\*\*\*

Dr. Tariq Enezate [tah-REEK // EN-eh-zaht], OSF HealthCare cardiologist

**"Minutes mean muscle. The faster you restore flow in the artery and put a stent in, it's better for the patient. It relieves their pain. It decreases the risk of complications." (:13)**

\*\*\*SOT\*\*\*

Dr. Tariq Enezate [tah-REEK // EN-eh-zaht], OSF HealthCare cardiologist

**"It was lucky he made it. I think the fact he came in early helped him." (:07)**

\*\*\*SOT\*\*\*

Dr. Tariq Enezate [tah-REEK // EN-eh-zaht], OSF HealthCare cardiologist

**"When we saw him coming back, that moment I can't describe. It's worth the world for all of us." (:07)**

\*\*\*SOT\*\*\*

Randy Isham, OSF HealthCare patient

**"It just gave me a nice warm feeling." (:03)**

\*\*\*SOT\*\*\*

Randy Isham, OSF HealthCare patient

**"Everybody there treated me like I was the only patient they had." (:03)**

\*\*\*SOT\*\*\*

Dr. Tariq Enezate [tah-REEK // EN-eh-zaht], OSF HealthCare cardiologist

**"If you have symptoms and you're not sure why, call [a health care provider] for advice." (:07)**