The power of listening
When helping someone with a terminal illness, sometimes just listening is the best medicine

Run time - :28

ANCHOR LEDE: It’s a gut punch to get a terminal illness diagnosis. But there are ways to support those folks. Tim Ditman of OSF HealthCare has more.

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Rita Manning is a bereavement coordinator at OSF. She suggests to simply listen. Don’t try to rush the conversation. You can also try tangible tasks like helping the person with yard work or groceries.

***SOUNDBITE***

Rita Manning, OSF HealthCare bereavement coordinator

“We just want to honor your wishes. If you could help us understand what those are, that would help us to know how to move forward.” (:12)

I’m Tim Ditman.

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ANCHOR TAG: There are special considerations when talking about death with kids. Visit the OSF Newsroom for more.