

Dirty floors and bare feet don't mix

Walking barefoot on dirty bathroom or locker room floors can lead to plantar warts

Run time - :32

ANCHOR LEDE: Back to school season means youngsters spending time in locker rooms and college students doing the same in dormitory bathrooms. Despite everyone's best efforts, the floors in those spaces have a reputation of not being the cleanest. Tim Ditman of OSF HealthCare tells you why that can cause a painful health issue.

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Lingering on the floor may be a virus that causes plantar warts.

OSF podiatrist Doctor Marc Leonard says you should get the warts treated early.

**\*\*\*SOUNDBITE\*\*\***

**Dr. Marc Leonard, OSF HealthCare podiatrist**

**"It's an acid that almost blows up that outer layer of tissue. Then we decompress it. Even with that, it still takes several treatments." (:12)**

On prevention: Wear shower shoes or flip flops in bathrooms and locker rooms. And keep your feet, socks, shoes and nail clippers clean and dry.

I'm Tim Ditman.

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