

## **Soundbite Script – When household sprays become a deadly health hazard**

**Alissa Bartel, nurse practitioner, OSF HealthCare**

“They want to know what that feels like. Unfortunately, it can cause brain damage. It can cause shortness of breath, wheezing and serious breathing complications that need to be addressed in an emergency department. It can also cause heart damage. So, these are really dangerous things, especially in our kids that could last their entire life.” (:22)

**Alissa Bartel, nurse practitioner, OSF HealthCare**

“Unfortunately, social media can expose our children, and adults as well, to very dangerous behaviors. The important thing for parents to understand is having open communication with their kids, making sure if you see something as a parent that concerns you, talk about it with your kids.” (:20)

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“Ask them if they've ever heard of things like that, or if they have any questions about things they've seen on social media. Those are important pieces I always include in my well child visits.” (:9)

**Alissa Bartel, nurse practitioner, OSF HealthCare**

“Parents should really look out for slurred speech, loss of consciousness, change in their behaviors, almost like a drunk-like behavior is sometimes what we'll see.” (:16)

**Alissa Bartel, nurse practitioner, OSF HealthCare**

“Parents absolutely should be aware of some of these dangerous items that might be around their house,” she says. “They can either lock them up or just make sure they keep a close inventory on them, keep them out of the reach, especially of young children.” (:12)